

COVID-19 Resources: Health, Humanities, and Pandemic Intersections

by Jamie Fleshman, SPT

For those spending more time at home, and those seeking respite from the front lines of the pandemic, *JHR* offers these links addressing a range of topics for contemplation and pure enjoyment.

ETHICS

Bioethics Toolkit Resources for COVID-19

Bioethics.net and the American Journal of Bioethics have assembled a bioethics toolkit for people dealing with COVID-19.

<http://www.bioethics.net/2020/03/bioethics-toolkit-resources-for-covid-19/>

The Hastings Center

This is a set of ethics resources for COVID-19 that came out early in the pandemic.

<https://www.thehastingscenter.org/ethics-resources-on-the-coronavirus/>

NYT: The Hardest Questions Doctors May Face: Who Will Be Saved? Who Won't?

“As coronavirus infections explode in the U.S., hospitals could be forced to make harrowing choices if pushed to the brink. Planning is already underway.”

<https://www.nytimes.com/2020/03/21/us/coronavirus-medical-rationing.html>

AMA Journal of Ethics: Triage and Ethics

By Ken Kipnis

<https://journalofethics.ama-assn.org/article/triage-and-ethics/2002-01>

New England Journal of Medicine: Fair Allocation of Scarce Resources in the Time of Covid-19

<https://www.nejm.org/doi/full/10.1056/NEJMsb2005114>

DISABILITY

Confronting Disability Discrimination During the Pandemic

By Katie Savin and Laura Guidry-Grimes

<https://www.thehastingscenter.org/confronting-disability-discrimination-during-the-pandemic/>

Applying HHS's Guidance for States and Health Care Providers on Avoiding Disability-Based Discrimination in Treatment Rationing

“The Bulletin offers broad guidance on the obligations of states and health care providers to comply with federal disability rights laws in developing treatment rationing plans and administering care in the event of a shortage of medical equipment, hospital beds, or health care personnel. This document from organizations with expertise in federal disability rights laws provides a more detailed explanation of how the requirements set forth in the HHS Bulletin would apply and how states and health care providers can take steps to modify policies and practices to avoid disability discrimination.”

<https://dredf.org/avoiding-disability-based-discrimination-in-treatment-rationing/>

<https://dredf.org/the-illegality-of-medical-rationing-on-the-basis-of-disability/>

Know Your Rights Guide to Surviving COVID-19 Triage Protocols

This is a “Know Your Rights” toolkit for people facing potential triage discrimination based on disability or weight during the COVID-19 pandemic in the United States.

<https://nobodyisdisposable.org/know-your-rights/>

People With Disabilities Say Rationing Care Policies Violate Civil Rights

[https://www.npr.org/2020/03/23/820398531/people-with-disabilities-say-rationing-care-policies-violate-](https://www.npr.org/2020/03/23/820398531/people-with-disabilities-say-rationing-care-policies-violate-civil-rights)

[civil-rights](#)

‘I Will Not Apologize for My Needs,’ by Ari Ne’eman

“Even in a crisis, doctors should not abandon the principle of nondiscrimination.”

<https://www.nytimes.com/2020/03/23/opinion/coronavirus-ventilators-triage-disability.html>

My Life Is More ‘Disposable’ During This Pandemic, By Elliot Kukla

Rabbi Kukla provides spiritual care to those who are ill, dying and bereaved.

<https://www.nytimes.com/2020/03/19/opinion/coronavirus-disabled-health-care.html>

ART

COVID-19 Arts Response

Explore the effects of COVID-19 on the arts world through a variety of lenses.

<https://covid.response.arts.ufl.edu>

High Museum of Art, Atlanta

With many important social-justice-focused exhibits to explore and a variety of regularly rotating interactive features, the High has risen to the occasion of bringing enlightenment to the home.

<https://medium.com/high-museum-of-art>

National Gallery of Art – Instagram @nationalgallery

“Discover compelling stories of creativity, struggle, and resilience in this new set of resources for K–12 educators featuring works of art that reflect the richness and diversity of the people, places, and cultures of the United States.” This is an educational resource for exploring America’s past at a time when its present is constantly shifting.

<https://www.nga.gov/education/teachers/lessons-activities/uncovering-america.html>

Guggenheim – Instagram @guggenheim

Visit and tour (virtually) all day long! No admission required, and educational resources are provided to help guide learners of all ages through art exploration.

<https://www.guggenheim.org/plan-your-visit/guggenheim-from-home>

Los Angeles County Museum of Art (LACMA) – Instagram @lacma

More of a visual learner than a doer? Watch insightful and well-made short films, documentaries, and exhibition walkthroughs for free and from the comfort of your home. LACMA also has a few free educational courses to explore.

<https://www.lacma.org>

<https://lacma.teachable.com>

Museum of Modern Art

Enroll in free online courses designed to teach an appreciation of art or provide education regarding art in a variety of forms.

<https://www.coursera.org/moma>

Getty Museum – Instagram @gettymuseum

Recreate your favorite works of art with household things, people, and pets. Simply enjoy the creations of others or participate by capturing an image and posting it to Instagram or Twitter with the hashtags #betweenartandquarantine and #gettymuseumchallenge.

<https://twitter.com/hashtag/betweenartandquarantine>

MUSIC

#livefromhome

Search this hashtag on Instagram, Twitter, or YouTube and find a great number of artists performing their music live every day or weekly, for donation only. Post yourself performing music/poetry/literature/art, and challenge others!

<https://www.youtube.com/user/PrairieHomeVideos/featured>

Metropolitan Opera House, New York City

The Met is offering free-to-stream operas every night from their Live in HD series, with each available for 24 hours at a time.

<https://www.metopera.org/user-information/nightly-met-opera-streams/>

Curtis Institute of Music

In an effort to “stay connected” with their audiences, the Curtis Institute is providing archived student performances every weekday under the playlist “Curtis is Here”. Each performance is related to a weekly theme.

<https://www.youtube.com/user/curtisinstitute/featured>

Chamber Music Society of Lincoln Center

Tune in every day at 12:30pm (EST) for streams of small ensemble archived performances. Learn from the masters in the Master Class series or learn about musical processes and perspectives in a whimsical, family-appropriate way with Bruce Adolphe in the Meet the Music section.

<https://www.chambermusicsociety.org/watch-and-listen/>

THEATRE

Broadway World, New York City

The “Living Room Concerts” series brings musical theater performers to your home (...screens) for renditions of relevant pieces in productions they have been a part of in the past.

<https://www.broadwayworld.com/topic/LIVING-ROOM-CONCERTS>

Shakespeare’s Globe, London

Every two weeks, a free Shakespeare production will be available on the Shakespeare’s Globe page or YouTube channel. A greater selection of productions is available to rent, own, or give as a gift through the

Globe Player.

<https://www.shakespearesglobe.com/watch>

WRITING

The Pandemic Project

This is a website with pandemic resources to aid in social connectedness and includes a survey to assess feelings, attitudes, and personal actions taken regarding Covid-19.

<http://utpsyc.org/covid19/>

Wired.com

Share your pandemic story by emailing covid@wired.com.

<https://www.wired.com/story/tell-us-your-pandemic-stories-for-our-oral-history/>

DANCE

Alvin Ailey American Dance Theater

This dance theater encourages us all to “keep dancing!” by offering free streaming services of archived ballets as well as dance lessons tailored to specific grade ranges (2nd link). The third link is a running list of free dance classes being streamed online.

<https://www.alvinailey.org/ailey-all-access>

<http://lincolncenteratthemovies.org/education/alvin-ailey.html>

<https://www.aileyextension.com/keepdancing>

Megan Flynn Dance Company

Join Megan Flynn every Wednesday for free ballet lessons.

<http://www.flynnndance.org/teaching>

POETRY

Universe in Verse

The Universe in Verse celebrates “the natural world — the science, the splendor, the mystery of it — through poetry.” Though it will air in its entirety before this publication, individual readings will be released on Brain Pickings.

<https://www.brainpickings.org/the-universe-in-verse/>

‘A Care Package for the Health Care Community’

An offering of poetry, podcasts, and meditations to accompany a time of crisis gathered by members of the On Being project.

<https://onbeing.org/starting-points/a-care-package-for-health-care-community/>

Pandemic – Lynn Ungar

<http://www.lynnungar.com/poems/pandemic/>

The Peace of Wild Things – Wendell Berry

<https://onbeing.org/poetry/the-peace-of-wild-things/>

The Gardener – Mary Oliver (A Thousand Mornings)

<https://www.npr.org/books/titles/162719431/a-thousand-mornings>

Kindness – Naomi Shihab Nye

<https://www.brainpickings.org/2016/11/10/naomi-shihab-nye-kindness/>

On Being

<https://onbeing.org/poetry-and-writing/>

Poetry Unbound

<https://onbeing.org/series/poetry-unbound/>

HUMANITIES EDUCATION

Open source #Coronavirus syllabus

Humanities and social science resources on the open source #Coronavirus syllabus

https://docs.google.com/document/d/1dTkJmhWQ8NcxhmjELp6ybT1_YOPhFLx9hZ43j1S7DjE/edit

Coronavirus Readings by The Syllabus

This is a well-curated and indexed searchable library of 4400 literatures on COVID-19.

<https://covid19syllabus.substack.com/people/7785181>

COVID AND THE CLINICIAN

APTA

Resources for PTs working in a pandemic.

<http://www.apta.org/PTinMotion/News/2020/3/16/TelehealthCOVID19/>

<http://www.apta.org/Blogs/PTTransforms/2020/3/10/CoronaBestPractices/>

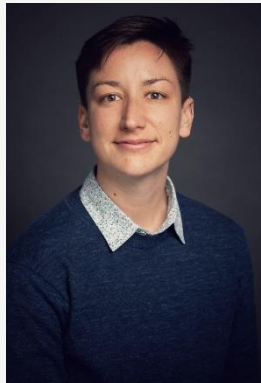
OTHER JOURNALS

Hektoen International Journal – Infectious Disease section

Articles related to medical humanities.

<https://hekint.org/infectious-disease/>

About the Author



Jamie Fleshman is a second-year Doctor of Physical Therapy student at Emory University School of Medicine in Atlanta, Georgia. She will also begin the Master of Public Health program at Rollins School of Public Health at Emory in August 2020 as a dual degree path. Jamie served in the United States Navy as a Mandarin Chinese linguist for eight years, and it was during this time that she began to appreciate the role physical health and wellness played in maintaining her own mental and emotional health. With this in mind, she finished her service with the military and moved to Oregon to pursue a Bachelor of Science in Human Physiology at the University of Oregon. During her undergraduate career, Jamie discovered a passion for social justice and the humanities through a secondary focus in Women's and Gender Studies. This led her to seek out the dual DPT/MPH program at Emory, where she hopes to acquire the skills necessary to implement community-based rehabilitation programs for vulnerable populations. Writing and photography have always been creative outlets for Jamie, and she aims to use these skills in combination with her knowledge of the human body to highlight the multiplicity of human experience around us.